

# Aerobics

**DATE:** Saturday 16th October

**VENUE(S):** Caroline Bay Hall,  
Games Village

**TIME:** Heats 11.00am  
Finals & Show 12.30pm

**AGE POLICY:** 30+

**SPORTS FEE:** \$20.00 one event/  
per person \$10.00 each extra  
event

**CATEGORIES:** Individual/pair/  
team (3-5 people)/Step team  
(3-6 people). Any mix of gender

**CONTACT:** Murray Kitchen  
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Please send this completed sports coupon with the completed Registration Form



**Age Groups**     30-39     40-49     50-59     60+

**Event**     Individual     Pair     Team     Step Team

**Please indicate if you are a novice or beginner**

**Pairs Name**.....

**Team Name**.....

**Team Name (Step)**.....

- NB Team captain to complete team list. Grades may be combined if insufficient numbers

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