



# Cross Country Run/Walk

Please send this completed sports coupon with the completed Registration Form

**Gender**     Male     Female

**Age Groups**     30+     40+     50+     60+     70+

**Event**     Cross Country Run (approx 7km)  
 Cross Country Walk (approx 7km)

- Separate events for Men and Women

## Cross Country Run/Walk

**DATE:** Wednesday 13th October

**VENUE(S):** Centennial Park  
(Scenic Reserve) Car Park

**TIME:** 5.00pm

**AGE POLICY:** 30+

**SPORTS FEE:** \$15.00 per event

**CONTACT:** Chris Thomas  
Phone: (03) 688 5531

**EMAIL:**  
chris@specialevents.co.nz

28 For more information see [www.simasters.co.nz](http://www.simasters.co.nz)